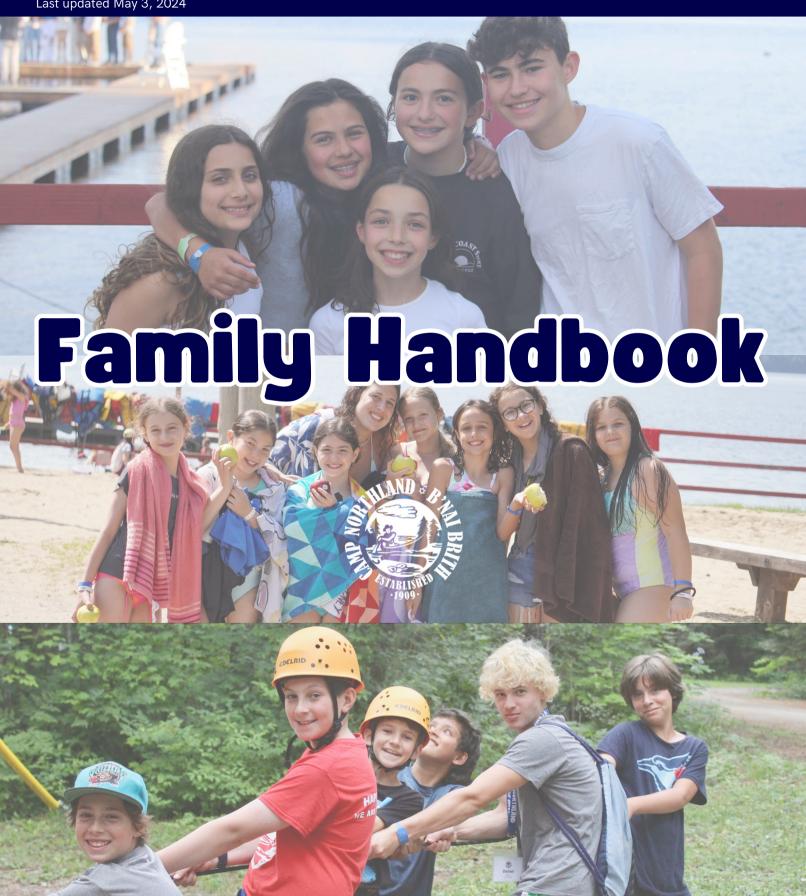
Summer 2024

Last updated May 3, 2024

Camp Northland-B'nai Brith Thornhill: 905-881-0018

Haliburton: 705-754-2374





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# CAMP AT A GLANCE

#### **KEY DATES**

#### **Transportation**

Provided by bus!

#### No Packages

They will not be accepted at camp

#### **Visitors Day is Back!**

Visitors' Day is back on Friday, July 26 with an exciting new model! See p.19 for changes.

#### **Camp Open House**

Sunday, June 23
Families are invited to visit camp

#### Lifejackets are Recommended

Red, orange or yellow and approved by Transport Canada. Camp will provide if needed First Period, Period Plus, Full Summer, Northland Experience-2 Week

#### **BAGGAGE DROP OFF:**

Thursday, June 27th - 4:00-8:00 PM

#### **FIRST DAY BUS:**

Sunday, June 30th-7:30 AM

<u>Location:</u> Herbert H. Carnegie Centennial Arena Parking Lot (580 Finch Avenue W.)

### Second Period, Northland Experience-1 Week

#### **BAGGAGE DROP OFF:**

Wednesday, July 24th - 4:00-7:00 PM

#### **FIRST DAY BUS:**

Sunday, July 28th - 7:30 AM

<u>Location:</u> Herbert H. Carnegie Centennial Arena Parking Lot (580 Finch Avenue W.)

ARRIVALS HOME
See Page 18 for Key Information



Please visit www.campnbb.com to stay up to date For more details:



# WELCOME TO SUMMER 2024

### **To-Do List**

Complete all forms on CampInTouch
Email a scanned copy or picture of your child(ren)'s health card to medical@campnbb.com
Double-check the packing list to make sure you have everything!
Make sure you have added the key dates to your calendar, in particular baggage
Review all camp policies as posted and periodically updated or the website
Critical items to send up on the bus with your child:  • Epipens and medications (if applicable)
<ul> <li>Day bag with snacks for the bus</li> </ul>





### WELLNESS RESOURCES

# Preparing Your Child for Camp

Camp Northland-B'nai Brith strives to provide a fun and exciting program for campers to enjoy. Even still, there can be an adjustment period and it is quite normal for campers to experience some "homesickness". Staff are trained to help campers deal with these feelings, but parents can help too by preparing campers for their stay at camp. A sleep-over camp experience can be a little intimidating for a first-time camper. Quite often, children are unsure of what the camp experience will be like.



Check out: <a href="mailto:com/wellness">campnbb.com/wellness</a>

If you are looking for resources to further assist in making a smooth transition for your child, please reach out to our wellness team:

#### Daniela Aptowitzer

Assistant Director daniela@campnbb.com



Camp Northland B'nai Brith
Thornhill: 905-881-0018 | Haliburton: 705-754-2374



# YOUR CampinTouch ACCOUNT

Everyone who has registered a camper at Camp Northland created a "CampInTouch" account when a registration form was completed. If you do not remember your log-in information, please email us at <a href="mailto:happycamper@campnbb.com">happycamper@campnbb.com</a>.

You can log-in to your CampInTouch account at the following URL: northland.campintouch.com



# If you have not already, you must complete the following for each camper:

Health Form and Immunization Form
Swim Form
Cabin Request Form
Camper Photo

\*There may be additional forms added prior to camp



Camp Northland B'nai Brith

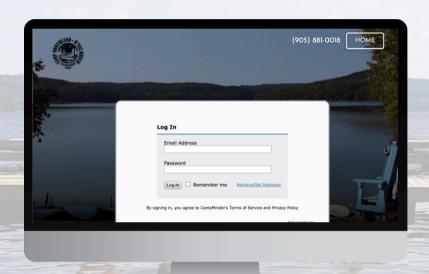
Thornhill: 905-881-0018 | Haliburton: 705-754-2374



# YOUR CampinTouch ACCOUNT

You can log-in to your CampInTouch account at the following URL:

northland.campintouch.com



#### You can also use your CampInTouch account to:

- Read our blog throughout the summer (under "News"). Our Camp Director,
   Simon Wolle, writes an amazing daily blog to gain a peek into what is
   happening at camp each day
- Keep in touch and stay up to date by following our social media
- Stay tuned for info about our newest communication tool- Bunk1! Bunk1 will be where you can view daily summer photos and write "email" to campers

@campnbb on Facebook and Instagram



Camp Northland B'nai Brith



# CAMP DIRECTORY

NAME	TITLE	EMAIL ADDRESS
Simon Wolle	Executive Director	simon@campnbb.com
Adam Kertesz	Associate Director	adam@campnbb.com
Denise Harris	Administrative Director	denise@campnbb.com
Leore Zecharia	Assistant Director - Programs	leore@campnbb.com
Josh Akum	Assistant Director - Operations	josh@campnbb.com
Daniela Aptowitzer	Seasonal Assistant Director	daniela@campnbb.com
Lauren Ptasznik	Seasonal Assistant Director	laurenp@campnbb.com
Noah Westreich	Head Counsellor	noahw@campnbb.com
Becca Mori	Head Specialist	programs@campnbb.com
Gabi Cohen	Program Director	programs@campnbb.com
Michelle Cowan	Head of Office	office@campnbb.com
Camp Office		office@campnbb.com
Thornhill Office		happycamper@campnbb.com
Rabbi Josh & Laura Stein	Judaics Directors	cit@campnbb.com
Wellness Team		wellness@campnbb.com
Abby Barry	Head of Unit 1 (Gr. 1-4)	unit1@campnbb.com
David Weitz	Head of Section I (Gr. 1-4)	section1@campnbb.com
Spencer Wolle	Asst. Head of 1&I	
Andrea Glube	Head of Unit 2 (Gr. 5-6)	unit2@campnbb.com
Max Logan	Head of Section II (Gr. 5-6)	section2@campnbb.com
Eden Sharon	Head of Unit 3 (Gr. 7-8)	unit3@campnbb.com
Jacob Wise	Head of Section III (Gr. 7-8)	section3@campnbb.com
Ryan Lipnicki	Asst. Head of 3&III	
Danika Tangir	Head of LTP Unit (Gr. 9)	ltpunit@campnbb.com
Jonah Dumont	Head of LTP Section (Gr. 9)	ltpsection@campnbb.com
Alyssa Westreich	Staff Development Director	cit@campnbb.com
Jacob Cohen & Shayne Wolle	CIT Directors	cit@campnbb.com



Camp Northland B'nai Brith



# CAMP DIRECTORY

NAME	TITLE
Izzy Katzenberg	Head of Arts & Crafts
Saige Applebaum	Head of Creative Arts
Jessie Ezerzer	Head of Judaics
Spencer Smith	Head of Media
Joey Center	Head of Music & Radio
Ethan Shapiro	Head of Outdoor Rec
Gabe Evans	Asst. Head of Outdoor Rec
Thomas Ibister	Head of Paddle
Lauren Benbihy	Programs Team
Liam Mandelzweig-Davis	Programs Team
Jonah Tessler	Programs Team
Will Flomen	Programs Team & Wellness
Ethan Goldfarb	Co-Head of Ski & Tube
Tyler Goldfarb	Co-Head of Ski & Tube
Kira Herr	Head of Swim
Samara Lederman	Asst. Head of Swim
Emma Miller	Asst. Head of Swim
Diana Bodik	Head of Trip
Kyle Nathan	Head of Windsports
Sarah Bernholtz	Wellness Team
Diana Kirzner	Wellness Team
Arli Marans	Wellness Team
Laura Title	Wellness Team
Stacia Wolle	Wellness Team



Camp Northland B'nai Brith



# PACKING FOR CAMP

#### **CAMP NORTHLAND PACKING LIST 2024**

Suggested amounts are based on laundry occurring approximately every 10 days.

		CLOTHING		BEDDING	
	6 p	airs of shorts		1 blanket/comforter	
		t-shirts		1 sleeping bag	
	2 n	ice outfits for Shabbat (blue or		2 sets of sheets (single/twin)	
59000		ite shirts or dresses)		1 pillow	
		lain white t-shirts for art projects		2 pillowcases	
		ong sleeve t-shirts		1 white pillowcase (art project)	
		airs of pants (jeans, sweats, etc)			
		eavier jacket		TOILETRIES	
	1 li	ght jacket		5 bath towels and 3 beach towels	
	4 5	weatshirts or hoodies		2 face cloths	
	2 h	ats and sunglasses		1 hairbrush	
	12	pairs of socks		2 soap/body wash	
	12	pairs of underwear		1 soap dish	
	1 b	athrobe		2 toothbrushes and toothpaste	
	4 p	airs of pajamas		1 shampoo	
	5 b	athing suits		1 shower bucket	
	2 p	airs of running shoes		1 insect repellent	
	1 p	air of rain boots	_	1 sunscreen	
	1 ra	ain coat	_	1 laundry bag	
	1 p	air shower shoes/flip-flops		1 stick/bottle of after-bite	
				2 bottles of travel hand sanitizers	
			1855		
		MISCELLANEOUS	TEM	S & MAILING MATERIALS	
				e ensure it is properly fitting, and it must be Transport Canada	
		or Canadian Coast Guard approved, yellow, orange or red only)			
		Fanny Pack (recommended)			
		Fun costumes— (Note: camp is a fun place full of creativity and random fun. Bring additional fun clothes			
		for dances, parties, and evening programs			
				es into communal supply. Suggestions include	
	_		ps, b	ug spray, etc. – Please bag and label "G³ Donation")	
		Stamps (recommendation: 20)			
		Envelopes (pre-addressed)			
		2 pads pf paper			
		1 package of pens			
		flashlight/headlamp (batteries)	alia	avera to label the earl	
		baseball glove (optional)			
		tennis racket (optional)			
		swim goggles (label in marker)			
		, , , , , , , , , , , , , , , , , , , ,			
o Jr Shift (Grades 1-6): Standard size grocery bag filled with food/snacks					

Food MUST be kosher and nut free.





### PACKING FOR CAMP

### What <u>NOT</u> To Bring

The following items are not allowed at camp for campers, as they create such issues as presenting safety hazards, preventing positive interactions, or interfering with proper nutrition.

### Anything that is requires to be plugged in, including:

- Hot pots/Kettles
- Cell phones/data connected devices
- Stereos/Boomboxes
- Laptops
- Tablets (i.e. iPads)
- TVs
- Video games
- Plug-in fans
- Power bars
- Lamps

- Lighters
- Bottled Drinks/Cans
- Mosquito coils
- Permanent markers
- Personal storage units (i.e. plastic drawers)
- Walkie talkies
- Bicycles/skateboards
- Roller shoes

- Water guns
- Heaters
- Drones
- Lasers
- Weapons/knives
- Items with nuts/`may contain nuts' labels
- Candles/incense

#### GREAT THOUGHT HAS GONE INTO THE 'NOT TO BRING' LIST:

- At camp we encourage campers to build good social skills. Items with screens do not assist in positive interactions, and are not allowed at camp.
- Camper safety is our #1 priority. Items, such as kettles, hot pots candles, knives, and mosquito coils, are a safety hazard and <u>strictly prohibited.</u>
- Camp fosters independence. Calling home interferes with developing independence and can create/worsen homesickness.





## PACKING FOR CAMP

### Lost and Found



- Every child at some time during a very busy day can misplace an item. If their name is on the article, we will make every effort to see that it is returned to them. Please assist us by LABELING ALL BELONGINGS.
- We do everything we can to return misplaced clothing to its owners while they are at camp. Camp Northland cannot accept responsibility for articles lost at camp, through laundry services, or in transit.
- Labelled belongings that remain in the Lost and Found at the end of the summer will be available for pickup at the Thornhill office for a limited time in September. Following this time frame, all remaining items will be donated to charity.



Camp Northland B'nai Brith



### BAGGAGE

- Please only use duffle/hockey bags (e.g. no suitcases/trunks) and attach a colour coded tag (provided) with the camper's name and address to each piece of baggage. The colour coded tags will be mailed to you.
- A maximum 2 duffle bags per camper will be accepted at the depot, and 1 carry-on backpack and maximum 20L sealed container are allowed on the bus. Camp is not responsible for damage due to overweight baggage. Please ensure that the tags are attached securely. It is also a good idea to write the camper's name on the outside of the duffle bag.
- **NOTE**: The colour of the tag. assists you in finding the correct luggage when campers arrive home.
- NOTE: Baggage is sent up to camp <u>BEFORE</u> departure day for campers heading up to camp

#### **Baggage Depot**

First Period, Period Plus, Full Summer, Northland Experience-2 Weeks, and CITs

Thursday, June 27, 2024

Herbert H. Carnegie Centennial Arena Parking Lot (580 Finch Avenue W, North York) 4:00pm-8:00pm

Northland Experience-1 Week, Northland Experience-August, Second

Period

Wednesday, July 24, 2024

Herbert H. Carnegie Centennial Arena Parking Lot (580 Finch Avenue W, North York) 5:00pm-7:30pm

Camp Northland B'nai Brith
Thornbill: 905-881-0018 | Haliburton: 70

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## SESSION DATES

Northland Experience Two Week June 30th - July 14th 2024

First Period June 30th - July 26th 2024

Period Plus June 30th - August 4th 2024

Full Period June 30th - August 14th 2024

Northland Experience One Week July 28th - August 4th 2024

Second Period July 28th - August 14th, 2024

CIT Program June 28th - August 14th 2024

NOTE: Intersession for Period Plus and Full Session campers is July 27-28. Campers remain at camp for special programs and activities.



Northland Experience One Week



### DEPARTURE DETAILS

Northland Experience Two Week Sunday, June 30th @ 7:30 AM

First Period Sunday, June 30th @ 7:30 AM

Period Plus Sunday, June 30th @ 7:30 AM

Full Period Sunday, June 30th @ 7:30 AM

Sunday, July 28th @ 7:30 AM

Sunday, July 28th @ 7:30 AM

Friday, June 28th @ 8:30 AM

#### **LOCATION:**

Second Period CIT Program

Herbert H. Carnegie Centennial Arena 580 Finch Avenue W, North York

Camp Northland B'nai Brith

Thornhill: 905-881-0018 | Haliburton: 705-754-2374





## **ARRIVALS HOME**

Northland Experience-Two Weeks

Sunday, July 14th at 12:00 pm Herbert H. Carnegie Centennial Arena (580 Finch Avenue W, North York)

First Period

Friday, July 26th at 12:00 pm
Herbert H. Carnegie Centennial Arena
(580 Finch Avenue W, North York)

\*Note if you choose to come for Visitors' Day you are expected to bring your child home

Northland Experience-One Week

Sunday, August 4th at 12:00 pm Herbert H. Carnegie Centennial Arena (580 Finch Avenue W, North York)

**Period Plus** 

Sunday, August 4th at 12:00 pm Herbert H. Carnegie Centennial Arena (580 Finch Avenue W, North York)

**Second Period** 

Wednesday, August 14th at 12:00 pm Herbert H. Carnegie Centennial Arena (580 Finch Avenue W, North York)

Full Session and CIT Program
Staff to Arrive in the Afternoon

Wednesday, August 14th @ 12:00 pm Herbert H. Carnegie Centennial Arena (580 Finch Avenue W, North York)

- Baggage will be available 30 min. before the bus arrival time so that you may load it into your cars before the campers arrive. If it is raining, the bags will be wet, so please plan accordingly.
- If you are coming for Visitors' Day and your child stays for First Session only, you are expected to bring home the baggage. It will not be put on the truck home
- For your convenience staff and/or volunteers will arrange the baggage into piles based on tag colour.
- On the last night campers will sleep in sleeping bags, they will keep out clothing for the banquet and bus ride home, and roll these items inside their sleeping bags. The sleeping bags will arrive with the campers.



Camp Northland B'nai Brith

Thornhill: 905-881-0018 | Haliburton: 705-754-2374



## CAMP OPEN HOUSE

**SUNDAY, JUNE 23, 2024** 

10:00 AM - 12:00 PM

We are excited to provide an opportunity for families to come visit Camp before the camper summer officially starts. Join us Sunday morning for a camp tour, a welcome from our Leadership and Wellness teams, and meet some of our staff.

If you are interested in attending, please click here.

# VISITORS' DAY

FRIDAY, JULY 26, 2024

11:00 AM - 3:00 PM

Visitors' Day has a new format for Summer 2024! Visitors' Day will take place on Friday, July 26, which is the last day of First Period.

#### First Period campers have the option to:

- Use our regular bus transportation (including baggage) back to the city.
- Families can have the chance to enjoy a fun visit with their children at camp, and pick them up at the same time. Parents who choose to pick up their children after First Period will also be expected to take home all camper baggage on this day.

<u>Period Plus campers, Full Summer campers and CITs</u> can enjoy a fun visit at camp with their families on this day!

\*Dogs are welcome at Visitors' Day, however, please note they must remain on leash at all times and please ensure you have a copy of their up-to-date vaccination records.



Camp Northland B'nai Brith

Thornhill: 905-881-0018 | Haliburton: 705-754-2374



- The information on the Health Form assists us in caring for your child.
   You are required to complete it annually, whether or not there have
   been changes. The ONLINE form can be filled in the Forms and
   Documents section of your CampInTouch account. For information on
   how to log into your account, please see the "YourCampInTouch
   ACCOUNT" pages.
- Also note this medical form that you complete will be the only document relied upon to care for medical, psychological, social and safety issues that arise. Full disclosure is mandatory. Please also read our immunization policy.
- Please Note: If a camper is sent home, or kept in the Health Centre for any extended period of time, at the camp's discretion due in any way to a communicable disease, or immunization choices, if applicable, our cancellation policy will be applied (see our Policies page for details). Similarly, treatment of concussion symptoms or concerns will be treated at the camp's discretion, which may include removal from activities for extended periods of time. The Health Centre is staffed by experienced nurses, health care providers, and usually a resident physician.



Camp Northland B'nai Brith



- For campers who take daily/regular medication: We are once again using an enhanced protocol that involves smart blister packaging through a third party pharmacy (\*subject to change, please look at our Summer 2024 page on the website for updates). Once you complete our online consent form to transfer medication preparation for Summer 2024 camp season, they will prepare, package and send the medications directly to camp for you! Please note ALL medications for the camp season must be arranged under this plan. Details of this process can be found on our <u>Summer 2024 Info page</u> on our website.
- Please note re: Over the Counter medications: Please do not send any anticipatory
  over the counter meds. If you do, please note that it will go into our general pool of
  medications, and not returned after the summer.
  - Exception: if your child uses an over the counter medication on a daily or regular/ongoing basis, then that should be provided as per above. Our camp's Health Centre is well equipped with any over the counter medication for our campers and staff and will be dispensed as per medical direction.
- \*Note: all medications must be kept in the Health Centre.
- In cases where expenses are incurred beyond the scope of the Health Centre, such as filling prescriptions or dental or orthodontic visits, the camper's family will be billed.





Camp Northland B'nai Brith



# ANAPHYLAXIS, LIFE-THREATENING ALLERGIES and MEDICAL CONDITIONS

- Campers who have an anaphylactic allergy need to bring two **2** epipens to camp valid through September 2024.
- Families are required to send in an Anaphylactic Emergency Response Form with a photograph, and related waiver through your CampInTouch account.
- If your child lives with a different serious medical condition, a 'Serious Medical Condition' form and related waiver must be submitted to our office. Examples include diabetes, asthma, heart conditions, etc.



# EMERGENCY CONTACTS AND UPDATED INFORMATION

Please ensure that emergency contact information is on the Health Form. This should not be the same people who registered the child. If you will be away while your child is at camp, please contact the Camp Office prior to camp with those dates, where you can be reached, and reiterating who the emergency contact is:

<u>happycamper@campnbb.com</u>.



Camp Northland B'nai Brith

Thornhill: 905-881-0018 | Haliburton: 705-754-2374



#### **HEALTH CENTRE CALLS**

While calls home from our Health Centre staff are rare, please ensure you provide us with up to date contact information in case we must do so. Though we strive to ensure that campers are healthy and safe at camp, accidents can happen and children do get sick. Some examples of when you may hear from the Health Centre are when there is the prescription of antibiotics, a hospital or dentist visit, significant head injury, or prolonged illness. Examples of times when phone calls are not made are minor cuts/scrapes, minor colds, administration of "over the counter" medication, or short-term illness.

**Please Note:** Our doctors may use cell phones and will appear as "Unknown Caller" - we suggest that families answer unknown caller calls during the summer or missed calls may end up with us calling emergency contacts unnecessarily.



#### **EMERGENCY MEDICAL SERVICES IN HALIBURTON**

We always have a fully equipped Health Centre on-site with nurse(s) and/or health care providers on staff. We also strive to have a medical doctor on site when available. Our team will always do everything possible to keep our campers and staff as healthy and comfortable as possible. We are also happy to share with you our local Haliburton partners who are on hand and ready to help us with any emergency medical assistance. In the event a camper or staff needs medical attention from outside our on-site Health Centre.



Camp Northland B'nai Brith



### Mail

Campers love getting mail and we encourage you to write often. We do our best to ensure your child writes home twice weekly. We suggest that you give your camper a few pre-addressed, stamped envelopes per week to make letter-writing easier. The mailing address is:



Camper's Name
Unit/Section #\_ Cabin #\_
Camp Northland
4250 Haliburton Lake Road
Haliburton, ON KOM 1S0



#### **New for Summer 2024**

We are excited to announce a new way to communicate with your child at camp. All families will have the ability to send 'Bunk Notes' to your child, which is a one page letter that you compose and send through an app on your phone or browser on your computer and they will be delivered to your child by the next day! There are no limits to how many Bunk Notes your child can receive.

More information, including additional features, pricing and options to be communicated soon.

Campers cannot reply directly to emails. Outgoing communication from camp is only via traditional mail.

\*We will no longer be using the mail@campnbb email address. Do not send any mail to that address, it will not be checked.

No courier packages will be accepted at camp. See website for details.



Camp Northland B'nai Brith



### **Phone Calls**

Our camp office is open 9:00 a.m. – 5:00 p.m. All messages will be monitored and returned in a timely manner, in most cases the same or following day. The Haliburton office phone number is (705) 754-2374.

The office staff who answers the telephone may not immediately know the answers to your questions. However, a member of our staff team will call you back at the first possible opportunity. Please ensure that you leave your name, the camper's name, and the best phone number for us to return the call.

There is no direct communication to campers while at camp. Campers are not permitted to use cell phones or the camp phone. Cell phones found in a camper's possession will be confiscated and may be donated to charity. Cell phones and calling home interfere with a camper's development, sense of independence, and can create or worsen homesickness. Please do not enable your children to break rules. The "cell phone" policy applies to any electronic devices capable of communication. Violations of these policies may result in suspension at the parent/guardian expense.

### **Visitors in Camp**

For the safety of your child(ren), visitors, including parents, are not allowed at camp, except on Visitors Day. When extenuating circumstance lead to a special prearranged visitation with the Camp Director, we will have your child(ren) meet you at the office. Entering camp beyond the office (including camper cabins) is not allowed. We know that you will understand that these policies are for the safety of your child(ren).



Camp Northland B'nai Brith



### **Electronics & Screens**

As a general policy, we do not allow electronic devices at camp, as they can hinder social interactions, mental health considerations, camp programs, and connecting with nature. Furthermore, their value is a concern to campers and families if they get lost of damaged (camp is not responsible).

Cell phones and calling home interfere with a camper's development, sense of independence, and can create or worsen homesickness. <u>Please do not enable your children to break rules</u>.

We recognize that listening to music and reading are enjoyable pastimes for campers when resting or when going to bed, and that there are changes in today's technology to devices that have these capabilities. Therefore, the one device that is permitted at camp **INSIDE THE CABIN ONLY** is an electronic music player without data and/or wifi capabilities (e.g. MP3 player). Please keep every other device at home.

#### To be clear, the MP3 player that may be brought cannot be capable of the following:

- Playing games,
- · Watching movies, TV shows, or music videos,
- · Uploading or downloading data of any kind, or
- Being used as telephones.

More information and clarifications will be communicated on our <u>Summer 2024 Info page</u>.

Smart Phones, even ones without a SIM card are NOT ALLOWED as music playing devices, cameras or otherwise. Please do not send these devices to camp. Violations of these policies may result in a range of consequences, including:

- Confiscation with a required meeting in the Fall to have the phone returned, and/or
- Suspension from camp at the parent/guardian expense, and/or
- One or more breaches of our Code of Conduct, may result in camper removal at parent/guardian expense.

The Camp assumes no liability for any confiscated, lost or damaged items or devices.





### **Security**

Camp Northland is at the forefront of security in the camping world. We have armed support from the OPP that come through the camp on their own intentionally unpredictable schedule as a deterrent and to create a presence at our site. The OPP can access our camp with a secure code day or night. We are in regular contact with them and we expect increased patrols this summer.

We have invested hundreds of thousands of dollars in security-related infrastructure including communication tools, P.A. systems, emergency call boxes, single entry laneway, barrier device gate, guard booth, cameras, CCTV, two-way communication to the entry gate, backup solar power for ingress protection, deterrent roadway lighting, motion activated perimeter lighting, staff training, on-site security audits, night watch protection, emergency response training, prevention training, and more.

As we do every year, we are carefully monitoring what is happening locally and around the world this year, and in particular in the wake of October 7th. We work with UJA community protection, an independent security companies, and we have a security and counterterrorism expert on an ongoing consulting retainer at this time. We will continue to monitor and adapt as needed to stay at the front of security in the camping world.

### **Period Extensions**

Campers are at times able to extend from a shorter session to a longer session. If a camper expresses interest in staying, and the camp agrees they are ready, the Section/Unit Head will call parents to let them know.

You indicated in your camper application form if you were comfortable with us discussing extensions with your child(ren). If that has changed, please notify the camp office before June 21, 2024. This process will help us manage the expectations of your children to prevent disappointment. Discussions at the cabin level around extensions are inevitable but we do our best to follow your direction. Please note that due to multiple variables including cabin numbers, staffing and other factors, we are not always able to guarantee extensions.



Camp Northland B'nai Brith



### **Tuck Shop**

Campers should bring toiletries with them. We can replace lost/used-up toiletries for a small fee. Items such as reusable water bottles, stamps, batteries, disposable cameras, and clothing, can also be purchased. If your child needs anything, you will be contacted and billed. There is **no need to send cash** with your child(ren).

Do you know about our **G3 (G-Cubed) Program**? We ask, if families can, to please send a donation (clearly labelled) for G-Cubed. This can be toiletries, bug spray, sunscreen, envelopes, stamps, pens, water bottles, etc. These items are used to replace missing items or provide items to families in need.

The Tuck Shop is also a place campers visit twice a week and will receive a snack and a drink. Options include chips, chocolate and other fun treats, and a pop/juice. To "pay" for Tuck, campers need to write a letter home.



### Water

There is drinking water throughout camp and it is mandatory that each person bring a refillable water bottle(s). Please ensure it is labeled.

Drinking water is very important and our staff regularly remind campers to drink water. In order to reduce waste,

BOTTLED WATER IS NOT ALLOWED AT CAMP.





Camp Northland B'nai Brith



### **Food and Drink**

We provide nutritious and well-balanced meals, one daily snack, one nightly snack, and 2 weekly treats in our tuck shop.

In <u>Summer 2024</u>, we are piloting a test policy on allowing campers to bring food to camp to be stored in the cabin. All food must be Kosher and nut-free.

Senior Shift campers can bring snacks that fits into a 20L <u>sealable</u> container. Junior Shift campers are able to bring snacks that fit into a standard size grocery bag (approx.12x12x6 inches) and it will be stored in a communal bin with their cabin and distributed under staff discretion. All food must be brought to camp on the bus. No food may enter camp in duffel bags, which remain subjected to being searched, emptied and disposed of at the camp's discretion at any time.



All food that is not Kosher and nut-free will be confiscated and donated to the local food bank. Having food in the cabins can attract insects and animals, which we hope will be deterred to due the sealed plastic containers.

Kettles and hot pots **ARE NOT PERMITTED** in camp. Due to the intense danger hot pots, kettles and any other cooking appliances can cause, they now fall under our **ZERO TOLERANCE** policy. Being caught with a kettle or similar item is now grounds for dismissal at the sole discretion of the Directors.

This summer, it is our intention to have noodles, ramen and soup be available in creative ways. This may include being available in the Tuck Shop as a choice for Senior Shift campers, special events, special snacks and cabin based supervised programs. The details of implementation will be explained to campers at camp.

Camp Northland-B'nai Brith is a 'nut aware' and kosher facility. Please follow and refer to our policy at <a href="https://www.campnbb.com/camp-policies">www.campnbb.com/camp-policies</a>

Please inform us if your child needs any special food for medical reasons and appropriate arrangements will be made.



Camp Northland B'nai Brith

Thornhill: 905-881-0018 | Haliburton: 705-754-2374



## HOW TO REACH US

Thornhill: 905-881-0018

happycamper@campnbb.com

Haliburton: 705-754-2374

office@campnbb.com

Find us on Instagram @campnbb and Facebook @campnbb

More information about Camp Northland can be found on our website at www.campnbb.com

This includes our mission, vision and values, camp values, our online clothing shop, sample daily schedules and meals for camp, the packing list, and so much more!



